



UBC



COUPLES
Valentine's

»»» ♥ ««« SLEEP OVER ««« ♥ »»»

Airport Embassy Suites
February 14-15th
Friday- Check In and Wine and Dine Your Mate
Saturday Morning- Couple's Breakfast & Activities

\$150 (room rate)

RSVP to Sheryl @ 720-255-6573

**EVENT, PARKING & BREAKFAST
FREE**



Couples



Sharpen



Couples



THANK YOU FOR ATTENDING UBC'S VALENTINES
SLEEPOVER FOR COUPLES. INVESTING IN YOUR
RELATIONSHIP IS INTENTIONAL. REMINISCE ON
WHAT BROUGHT YOU TOGETHER AND PLAN TO
INCORPORATE EXCITEMENT THAT WILL KEEP YOU
♥ TOGETHER. ♥

WE HOPE YOU WILL ENJOY THE ALONE TIME THAT
THE TWO OF YOU HAVE TOGETHER AS WELL AS
THE COLLECTIVE TIME THAT YOU WILL SPEND
WITH OTHER COUPLES. IT IS NOT BY ACCIDENT
THAT YOU ARE HERE. THERE'S A PURPOSE. ♥ ♥
♥ EMBRACE IT! ♥

CELEBRATE LOVE AND BE THANKFUL FOR YOUR
MATE. YOU DON'T HAVE TO LOOK FAR TO REALIZE
IT'S A RARE COMMODITY THESE DAYS.
♥ HAPPY VALENTINE'S DAY ♥

UBC Couples VALENTINES SLEEPOVER Itinerary

FRIDAY, FEBRUARY 14, 2025

4:00 PM *Check In* *Hotel Lobby*

5:30-7:00 PM

Meet and Greet

Hotel Social Area

Couples enjoy complimentary social hour with other couples and pickup their special gifts. Couples are on their own the rest of the evening. They may enjoy the hotel amenities and/or celebrate Valentine's Evening however they choose.

SATURDAY, FEBRUARY 15, 2025

6:00-10:00 AM

Breakfast

Hotel Social Area

Couples can enjoy a complimentary breakfast during breakfast hours.

9:00AM

Session Begins

Long's Peak Room

(Ok to bring breakfast inside, continue eating and be seated)

9:15AM

Breathing To The Same Heartbeat

(Bring a yoga mat and comfortable clothing suggested)

Last Call For Breakfast-9:45 AM

Do You Know Me

Marriage/Couples On The Rock

Wrap Up & Takeaways

12noon

Safe Travels

Embassy Suites-Denver Airport

FYI- Check Out is @ 12noon. Please plan ahead and checkout during breakfast.